



14708 Mount Olive Road
Centreville, VA 20121-2517

Arlington-Fairfax Chapter, Inc. • Izaak Walton League of America

NEWSLETTER

Volume 57, Number 3

August, September & October 2019

2019 Chapter Election Results

The annual Chapter elections were conducted in accordance with Chapter bylaws during the month of July 2019 with the polls being open on the 6th, 7th, 13th, and 14th of the month. Nominations were solicited from the Chapter membership in the preceding months and the nominees were presented, finalized, and approved at the monthly member meeting in June. John Seaberg, conservation director, chaired the nominations and election committees.

The Chapter officer positions open for election in 2019 were president, secretary, and membership chairman. In addition, named directors for field archery, rifle-pistol, youth activities, and air range and three director-at-large positions were on the ballot. Provisions for write-in candidates were also included on the official ballots.

All valid ballots cast were counted and the votes for each candidate tabulated by members of the election committee following the close of the polls on July 14th. Vote-count statistics are available to Chapter members from the election committee chair. In accordance with the Chapter bylaws, the election committee report will be presented and the winners put forward for installation at the August monthly member meeting. By majority vote, the following officers and directors were determined to be the winners for their respective positions:

President: Thomas Ciarula

Secretary: Sean Gagnon

Membership Chairman: Bennett Crandall

Field Archery: Dick Riemer

Rifle-Pistol: Bill Frerking

Air Range: Roger Thrasher

Youth Activities: Joseph Turner

Directors-at-Large:

Carl Armstrong

Chris Rose

Jim Smith

Congratulations to all the winners and thanks to all the Chapter members who came out to vote.

—*Steve Laundry*, Nomination and Election Chairman

Judge Tobin Award

Gilbert Ramey and *John Seaberg* each received a 2018 Judge Tobin Award. This is presented to a Chapter member(s) in recognition of their outstanding service to the Izaak Walton League of America. Congratulation to Gilbert and John.



Chapter Contact Information

Chapter Officers

<i>President</i>	Tom Ciarula	703-250-0947
<i>Vice President</i>	Pamela Meara	703-362-7293
<i>Secretary</i>	Sean Gagnon	703-434-9015
<i>Treasurer</i>	Bob Crisman	540-338-7316
<i>Membership Chairman</i>	Benn Crandall	703-631-4495

Chapter Directors

<i>Air Range</i>	Roger Thrasher.....	703-789-7080
<i>Conservation</i>	John Seaberg.....	703-830-9365
<i>Education & Training</i>	Bucky Sills	703-830-0458
<i>Field Archery</i>	Dick Riemer.....	703-543-8585
<i>Rifle-Pistol</i>	Bill Frerking	303-327-9276
<i>Skeet & Trap</i>	Bob Brino	703-368-4934
<i>Target Archery</i>	Dan Roberts.....	703-835-1101
<i>Youth Activities</i>	Joseph Turner.....	703-628-4808
<i>Directors-at-Large</i>	Carl Armstrong.....	703-830-5091
	Randy Hancock.....	703-830-8539
	Keith Kuck	703-405-8935
	Chris Rose	703-585-7351
	Oscar Starz	703-321-8626
	Art Twichell.....	703-960-6524

Committee Chairs

<i>Adopt-A-Highway</i>	Steve Rumble.....	703-946-6920
<i>Advance Planning</i>	<i>Your Name Here</i>	<i>Your phone #</i>
<i>Air Range</i>	Roger Thrasher.....	703-789-7080
<i>Awards & Grants</i>	Scott Meyer	703-631-4495
<i>Buildings & Grounds</i>	Bucky Sills	703-830-0458
<i>Bull Run Muzzleloaders</i>	Tony Sucher.....	703-354-2726
<i>Caretaker</i>	Don Dallman.....	703-888-9197
<i>Chapter Field House Mgr.</i>	Ed Forsberg	719-238-0231
<i>Conservation</i>	John Seaberg.....	703-830-9365
<i>Education & Training</i>	Bucky Sills	703-830-0458
<i>Field Archery</i>	Dick Riemer.....	703-543-8585
<i>Historian</i>	<i>Your Name Here</i>	<i>Your phone #</i>
<i>Junior Olympic Archery</i>	Dan Roberts.....	703-835-1101
	Lani Young	703-742-8142
<i>Meeting Program</i>	Tom Ciarula	703-250-0947
<i>Membership</i>	Benn Crandall	703-631-4495
<i>Office Admin. Assts.</i>	Cristina Frerking	703-631-4495
	Beth Hellmann.....	703-631-4495
<i>Newsletter</i>	Pamela Meara	703-362-7293
<i>Pond Manager</i>	John Seaberg.....	703-830-9365
<i>Program Outreach</i>	<i>Your Name Here</i>	<i>Your phone #</i>
<i>Public Relations</i>	<i>Your Name Here</i>	<i>Your phone #</i>
<i>Rifle-Pistol Range</i>	Bill Frerking	303-327-9276
<i>Scholarship</i>	David Dobbins.....	703-753-0878
<i>Scouting Activities</i>	Tom Pike	703-802-0740
<i>Skeet & Trap Range</i>	Bob Brino	703-368-4934
<i>Target Archery</i>	Dan Roberts.....	703-835-1101
<i>Youth Activities</i>	Joseph Turner.....	703-627-4808



Chapter Board of Directors' Meeting

1st Tuesday of each month
7:30 p.m. @ Chapter field house
All members welcome

Attend Your Chapter Meetings

General Membership Meeting
3rd Tuesday of each month
7:30 p.m. @ Chapter field house

Newsletter Committee

<i>Pamela Meara</i>	Editor-in-Chief
<i>Tim Terrell</i>	Copy Editor
<i>Ellen MacBrayne</i>	Design & Production

Field House Phone Numbers

<i>Chapter field house</i>	703-631-4495
<i>Rifle-Pistol field house</i>	703-631-4496
<i>Skeet & Trap field house</i>	703-631-4497
<i>Field Archery field house</i>	703-631-4498
<i>Sills Air Range</i>	703-631-4818

Chapter President's E-mail arlfx.president@gmail.com

Chapter's Web Site www.arlingtonfairfax-iwla.org

Chapter's Facebook Page

Arlington-Fairfax-Chapter-Inc-Izaak-Walton-League-of-America

Chapter Field House Office Hours

1st and 3rd Tues.....1 p.m. to 9 p.m.
All other Tues.....1 p.m. to 4 p.m.
Other times, call Cristina Frerking & Beth Hellman 703-631-4495

Property Physical Address

14708 Mount Olive Road, Centreville, VA 20121-2517

Mailing Address

Post Office Box 366, Centreville, VA 20122-0366



New Activities

The Chapter is alive with new activities and I think it is great. The Junior Olympic Archery Development Program (JOAD) and the Junior Olympic Pistol programs are growing by leaps and bounds, and both are wonderful. Juniors are the future of any program and we are doing great. Another new program is the knife group. Matt Michaelson has gotten a group of like-minded individuals together and they are enjoying sharing stuff about knives. Nothing real fancy. They just get together at the field house or the picnic pavilion. I am sure we have many other shared interests between our 2,000+ members. If you want to start something like this, just put together a short announcement and we can put it in the newsletter.

Junior Paralympic Shooting

It is no secret that I am heavily involved with both junior and adult Paralympic/adaptive shooting. The junior

program at the Chapter is growing rapidly. Last year we took one shooter to the Olympic Training Center in Colorado Springs for the first ever Paralympic Junior Olympics. She was one of three for the standing event and one of four for the prone event. This year we took four and our juniors were four of eight for standing and four of nine for prone. The picture below is all the competitors and coaches with McKenna Dahl, who took a bronze medal at Rio in the Paralympics. Our Juniors brought home lots of medals.

We now also have equipment for the visually impaired (VI) shooters. VI shooting will be a demonstration sport in Tokyo at the 2020 Olympics and will be a full sport in Paris in 2024.

Repairs

With all the things we are doing, things get broken. No problem, but we have to know to schedule repairs. Recently someone ran into our main gate. They didn't tell anyone, just drove off (and left part of their 2012-2017 Jeep Wrangler behind). The bent gate continued to try to close and damaged the cylinder, requiring even more repairs. I know we have similar problems often at the Air Range and Rifle-Pistol with things getting broken and just put away. Somehow, I bet it is no different at both archeries and Skeet & Trap. Things break, we know that, just tell someone so we can get them fixed or schedule repairs.

Tom Ciarula, President
Arlington-Fairfax Chapter, Inc.,
of the Izaak Walton League of America



Conservation Updates from National IWLA

The U.S. Department of Agriculture (USDA) opened enrollment to farmers and other landowners in the Conservation Reserve Program (CRP) from June 3rd through August 22nd. Land eligible for the program includes cropland and some marginal pasture suitable for a streamside buffer.

The program is designed to take highly erodible land, wetlands, and cropland along streams out of crop production and plant it in grasses, shrubs, or trees that will reduce erosion, improve water quality, and provide wildlife habitat. Contracts are for 10 to 15 years and include an annual rental payment and a share of the cost of planting the vegetation or restoring the wetland.

The current signup for CRP contracts is limited to practices like buffer strips along streams and wetland restoration, which typically involve a portion of a field. Landowners with land that qualifies can enroll automatically. USDA announced it would hold a CRP signup for whole fields later this year, but in that signup USDA will accept only the best offers.

More than 2,900 Virginia farms have enrolled nearly 35,000 acres of land in CRP. For more information, contact your local USDA Farm Service Agency office or visit www.fsa.usda.gov/crp.

—*Duane Hovorka*

IWLA, Agriculture Program Director

IWLA Mission

To conserve, restore, and promote the sustainable use and enjoyment of our natural resources, including soil, air, woods, waters, and wildlife.

Izaak Walton League Member Pledge

To strive for the purity of water, the clarity of air, and the wise stewardship of the land and its resources; to know the beauty and understanding of nature and the value of wildlife, woodlands, and open space; to the preservation of this heritage and to man's sharing in it.

I pledge myself as a member of the Izaak Walton League of America.

Donate to Arlington-Fairfax Chapter by Using AmazonSmile

Chapter members are reminded they can donate to the Chapter by registering and using AmazonSmile at www.smile.amazon.com when they shop on Amazon. Amazon will donate 0.5% of the purchase price from your eligible AmazonSmile purchases to the Chapter. Our Chapter is listed with AmazonSmile as **Izaak Walton League of America Arlington-Fairfax Chapter**.

amazonsmile

Please see <http://smile.amazon.com/about> for program details.

IWLA's Save Our Streams (SOS) Program



Virginia Save Our Streams is a program of the Izaak Walton League of America (IWLA). Founded in 1922, the Izaak Walton League is one of the nation's oldest and most respected conservation organizations. With a powerful grassroots network of nearly 270 local chapters nationwide, the League takes a common-sense approach toward protecting our country's natural heritage and improving outdoor recreation opportunities for all Americans. For more information about our Virginia chapters, please visit the Virginia Division of the Izaak Walton League.

SOS Web Links

Check out the IWLA *Save Our Streams* Web site:

<https://www.iwla.org/conservation/water/save-our-streams>.

Check out the IWLA Facebook site: <https://www.facebook.com/iwla.org/>.

Check out the VA SOS Web site for more information, forms and gear:

<http://www.vasos.org/>.



ARL-FX IWLA Membership Minutes

August, September, October 2019

Important Information About Your 2019 Membership

- Your 2019 GREEN Range badge inserts will expire on December 31, 2019.
- RENEWAL season for 2020 will begin on October 1, 2019.
- SAVE TIME, save our Chapter money ... Renew online.
- The first New Member Orientation for 2020 will be held on October 5, 2019.

Membership Notes

I think the most often heard question from new members I hear is ... I've completed my 6 hours of service to the Chapter ... why am I still receiving "invites" to sign up for volunteer work?

The answer is simple. We (members) quickly forget this Chapter has incredible facilities, well-kept grounds, multiple free community events, successful conservation projects AND still has an incredibly inexpensive dues structure BECAUSE we run on VOLUNTEER service. We don't call in contractors to clear land for a new parking lot, we don't call a cleaning service to clean the meeting rooms, and we certainly don't contract our conservation projects. NO, instead, we ask our membership to come out and help.

This is the heart of what our Chapter is all about. The volunteer system saves money ... but more importantly, it brings members of our Chapter together for a common

cause. It teaches our children the value of volunteerism and introduces many members to the conservation ideas and details of a true conservation project.

Take a minute to visit our home page and click on our SignUpGenius button to learn where you can volunteer to help your Chapter be the best it can be for our members and the community. These next few months we will be hosting special events that will require many volunteers. PLEASE HELP.

Membership Reminders

- IF YOU MOVE AND CHANGE YOUR ADDRESS ... PLEASE let us know!
- IF YOU CHANGE YOUR E-MAIL ADDRESS ... PLEASE let us know!
- IF you are NOT getting your monthly E-BLAST through your e-mail account please let us know!

Renewal Reminders

- We will be sending out "reminders" about 2020 dues starting September 1 to all current 2019 members.
- Online renewal will be available October 1, 2019.

As always ... get out to our Chapter and have some fun."

—Beau Craudall
Membership Director

Got Grants? Yes, We Do!

The Chapter extends our thanks to the NRA Foundation known as the Friends of the NRA for funding two grants at the Chapter in 2018. The Shotgun Range and Air Range were the recipients of the grants. Your support of local Friends of the NRA dinners helps raise funds for this program.

<https://www.friendsofnra.org/>



The Chapter extends our thanks to the IWLA Endowment for funding a grant for the youth shotgun team. The Endowment funds selected projects at IWLA chapters and divisions each year. It only uses the proceeds from investments. The investment principle is never used and grows through donations made to support the endowment. <http://iwla-endowment.org/>



Grayson Partlow sets New National Barebow Record at ARL-FX IWLA 2019 Summer Outdoor Tournament

Archers from Virginia and surrounding states gathered on June 1, 2019, to compete in the 2019 Arlington-Fairfax Chapter Summer Outdoor Archery Tournament. ARL-FX IWLA hosts this event each year as part of our target archery program, on the outdoor archery range next to the field house.

This year over 30 archers competed in recurve, compound, and barebow categories. Each archer shot 72 arrows at distances of up to 70 meters during the four-hour event. Recurve archers shot at 50, 60, or 70 meters depending on their age category; compound shooters shot at 50 meters; and barebow shooters competed at 50 meters.

Local favorite, Grayson Partlow, competed in the male-barebow-senior category at 50 meters with a final score of 667 out of 720, making him a new national barebow champion. Rick Stonebraker held the previous record with a score of 649, which he set on June 24, 2017.

In addition to the new national record, several other local ARL-FX IWLA records were broken this year:

In the **FEMALE-RECURVE** division: Ahnika Emery broke the SENIOR 2018 record of 452 with a 486 and Jada Cho broke the CUB division 2018 record of 603 with a 607. Erynn Alvernaz set the Bowman record with a 360.

In the **FEMALE-BAREBOW** division: Susan Snider set the SENIOR record with a 577.

In the **MALE-COMPOUND** division: Zane Rigney beat his SENIOR 2017 record of 672 with a 681. Byron Kissane set the Master 70 record with a 531. Duncan Totton broke the 2017 record of 666 with a 669.

In the **FEMALE-COMPOUND** division: Christina Tremblay beat her SENIOR 2018 record of 648 with a 665. Sarah Ingram beat the Master 50 record of 301 with a score of 666.

The next target archery competition will be an indoor shoot on August 24, 2019. Hope to see you there.



Grayson Partlow on the shooting line.



Grayson Partlow with Susan Snider from the Arlington-Fairfax Chapter.



IWLA Digital Newsletter

The League's monthly electronic newsletter keeps you up to date on important conservation and outdoor recreation news and League happenings. If you are not yet receiving "Conservation Currents," we encourage you to sign up today at <https://members.iwla.org/apps/#QuickSub>.

Outdoor/ Indoor Archery

Archery Update

The indoor archery range is available to all Arlington-Fairfax Chapter, Inc., IWLA, members for your use anytime a qualified range officer is on site. The outdoor ranges are open 24/7. Many Chapter members are at the archery range house every morning from approximately 9:30 a.m. until noon. This is a great time to come down, introduce yourself, and find out what archery is all about. If you are new to archery and need advice on anything from bow setup and arrow tuning to shooting technique and equipment, help is available to perform those tasks. We especially would like to encourage youth participation and have a great many youth bows that young shooters may practice with to develop their skills. The outdoor targets butts are at 5, 10, 15, 20, 25, 30, 40, 50, and 60 yards. The range is lighted if you would like to shoot in the evening. There is a crossbow station for crossbow shooting. Crossbow targets may be shot with field points or broadheads.

One must only shoot from and through the crossbow station. Crossbow shooting is allowed **only** at the crossbow station. **No shooting from outside the crossbow station.** A 28-point field archery course is also available and tree-stand shooting during daylight hours. **No core drilling broadheads are permitted to be shot at the field archery range.** These are the **Toxic** and the **Cyclone** and any new core drilling broadheads that come on the market.

Air Bows—Air bows are not allowed to be shot at the Field Archery Range.

Cub Run Archers

For those who are interested in competing in Virginia Bowhunters Association (VBA) archery events, there is a group formed by the Chapter called Cub Run Archers you can join. This group was established so field archery tournaments could be held at the Chapter. Cub Run Archers is a registered VBA club. The VBA is the representative for bowhunters throughout the state of Virginia. To join Cub Run Archers, applications are available at the archery range house. For more information, contact Robert D'Imperio, Secretary, Cub Run Archers, 13490 Edge Rock Ct., Chantilly, VA 20151-4101 or contact him by e-mail at robbyrayd@gmail.com.



Archery 101 Classes

On Sunday, September 22nd and Sunday, October 27th, the Chapter's indoor archery range will be hosting beginner's archery classes. These classes will take place in the indoor archery range starting at 1 p.m. until 3:30 p.m. The classes are for those who have never shot archery before or have very little knowledge in the sport of archery and would like to see what our sport is all about. The classes will cover the different types of archery equipment, safety, purchasing of equipment, and shooting. We have the bows and arrows and all you need to do is show up. For IWLA members the class is \$20 for adults and \$10 for children with a family max of \$30 per IWLA family. For non-IWLA members the class is \$25 per adult and \$15 for children with a family max of \$40. Class fees will be collected before the start of the class beginning at 12:45 p.m. The minimum age for children is 9 years old. To register for the class e-mail Dick Riemer at rriemer@cox.net or call him at 703-543-8585.

Cub Run Buckbusters 3D Shoot: Sunday, September 25th

In preparation for the upcoming fall archery deer hunting season, you will not want to miss this VBA shoot. Twenty-eight 3D animal targets throughout the Chapter field archery range. Come on out and have some fun, bring the whole family, and friends. Sandwiches and snacks will be available from the snack bar throughout this event. Registration 9 a.m. until 11 a.m.

Deer Processing Station

For all Chapter deer hunters who would like to process their deer, the deer processing station is twenty yards off the Field Archery deck. The area is lighted and with running water from a garden hose located by the deck entrance. You will need to bring trash bags with you for proper disposal of all parts of the carcass. **When finished, be sure to wash the area down completely, putting all remains in plastic bags before putting them into any dumpster. During cold weather, when finished be sure to drain the hose of water to keep it from freezing.**



Defenders Chapter Achievement Award

The Chapter is the recipient of the Defenders Chapter Achievement Award, which evaluates the Chapter in six categories to include conservation projects, scholarships, youth programs, communications, and membership types.

For more information about these awards, you may visit the National IWLA Web site at <https://www.iwla.org/chapter-resources/awards>

June Archery Money Shoot

Another hugely successful **3D \$Money\$ Shoot** was held at the Arlington-Fairfax Chapter, Izaak Walton League of America, field archery range on Saturday, June 8th, where 92 competitors vied for glory and cash shooting scoring rings on 3D foam animals. There was a vast collection of skill level but the event proved to be fun for all who attended. The grizzly bear and the jackalope were among the favorite shots of the day. Even this year's raffle was kicked up a notch with spectacular prizes, including a top of the line range finder, cooler, and 3D elk target. In the Hunter Class, we had two representatives from our Chapter on the podium and in Open Class we had our best finisher in that division coming in 4th place. We appreciate all who came out in support of the event and look forward to next year's event.



REMEMBER

Speed limit is
10 mph on the
ARL-FX IWLA
property



Chapter Air Range

Open Practice Nights

Mondays 4 p.m. – 8 p.m.

Fridays 5:30 p.m. – 9 p.m.

NEW TIME! NEW TIME!

Sunday Adult Chapter Member Hours at the Sills Air Range

Now 9 a.m. to 11:30 a.m. on most Sundays
(except when there is a clinic or match)

Check the online Air Range Calendar for specifics —
<http://afc-iwla-sillsairrange.org/calendar/>

Equipment is available to borrow and coaches are ready to help.

Air Range questions—contact range@afc-iwla-sillsairrange.org

Sue Snider Takes Second at USA Archery National 3D Qualifier

Have you ever been driving down an empty highway at a respectable speed maybe 15 to 25 MPH over the speed limit and out of nowhere a car blows by so fast you are tempted to open your door and step out to see why your car stopped? Folks, then you have some idea how the top eleven heavily sponsored female archers must have felt when our very own Sue Snider came from out of nowhere to snatch second place from this rather accomplished field of female archers. Shooting in the senior women's bare bow class at the USA Archery National 3D qualifier, Sue came from fourth place to second in the final round. This event is used to select the top three archers to represent the United States at the World Archery 3D Championship to be held in Alberta, Canada.

Sue, husband Jeff, and son Jackson joined Cub Run Archers in December and Jeff volunteered for range officer duty and took the ASA level II instructor course to

have access to the indoor range. The entire family began shooting in January.

Bob D'Imperio and Ryan Johnson encouraged Sue to participate in this event apparently to expose her to competitive shooting. The only way to experience the stresses and unique issues that affect archers in these shoots is by participating, but both Bob and Ryan were blown away by her performance. Sue's accomplishment is further enhanced by the fact she only began shooting archery in January of this year. Several archers, myself included, suspected Sue must have had some previous training or instruction prior to joining IWLA, but I have been assured by her coach, Bob D'Imperio, this is not true. Bob has a number of state and national awards, but he said his greatest contribution to archery is being Sue Snider's first archery coach.

Scholarship News

In 1993, the board of directors of the Arlington-Fairfax Chapter of the Izaak Walton League of America established its environmental sciences scholarship as a means of demonstrating the Chapter's concern for the environment and for the young people of the tri-county (Arlington, Fairfax, and Prince William Counties) area. The scholarship is for a total of four years at a value of \$5,000 per year paid directly to the applicant's institution of higher learning in support of their degree in environmental sciences or a related field. The scholarship committee of the Chapter reviews the applications submitted each April and makes its recommendation to the board of directors on the basis of the applicant's academic achievement, financial need, environmental activities and achievements, and the individual character of the applicant. The 2019 environmental sciences scholarship has been awarded to Lindsay D'Imperio, who recently graduated from Chantilly High School in Chantilly, Virginia. Lindsay will be majoring in earth science education. She will be attending Longwood University in Farmville, Virginia, this fall. Scholarship committee chairman David Dobbins said her good academic history is indicated by her GPA and SAT scores. She communicates well using the written word and is a mature individual who has shown an admirable willingness to contribute to the financial burden of her college education. She has a lengthy past and present track record of community service and environmental activities,

several of which were in association with this Chapter. Her commitment to success is unshakable and her intelligence and dedication will serve her well in college and lead to a successful career in environmental education.

Updates from Current Scholarship Students

From Monica Banghart, 2015 Scholarship Winner

Hi David,

My last year at SUNY-ESF was the most challenging one yet. I took courses including GIS, Senior Synthesis, Urban Design, Mycorrhizal Ecology, and more. I finished up my time with the Herpetology Club that I founded three years ago with trips to monitor the salamander migration, guest speakers, and even a trivia night. I was honored to be asked to be one of two undergraduate students to speak at the unveiling of a new addition to the Roosevelt Wildlife

Scholarship News continued on page 15



SIGN UP!



SignUpGenius®

**Please use to
sign up for
Volunteer
Opportunities—
located on the
Chapter Home
Web page.**

Air Range

Air Range Ramps Up Summer Training

In addition to more practice time and the ability to host matches, the 2015 air-range expansion also opened up the opportunity for more local training camps and clinics. In previous years, our athletes have had to travel to places like Camp Perry, Ohio, Anniston, Alabama, and Colorado Springs in order to get advanced training. That puts a travel expense burden on the family and means some athletes can't take advantage of such training camps.

To increase training opportunities, this year the air range staff asked top-notch college and national coaches to come to ARL-FX IWLA to provide air-gun clinics and boy did they respond positively. In May, Bob Foth, Olympic silver medalist and former USA national rifle coach, put on a "pairs clinics" where an individual athlete is paired with a local coach, so both the athlete and the coach are getting training during the clinic. In June, Dan Hermsmeier, head coach of the University of Memphis rifle team, put on an intermediate air-rifle clinic for our athletes. Assisting him was Arielle Kimm, an alumnus of ARL-FX IWLA, who now competes for the University of Memphis. In July, the Civilian Marksmanship Program rolled into town for a second straight year to teach an advanced standing clinic. This clinic is so popular it sold out in less than a day. Also, in July, Jon Hammond, Olympian and NCAA championship winning coach from West Virginia University, put on two clinics in one week with the help of his coaching staff and rifle athletes. Finally, the summer training season closed with a select advanced clinic put on by Jason Parker, four-time Olympian and another former USA national rifle coach. The small group format consists of just five athletes who get intense coaching from one of the best coaches in the country.

While these training events directly benefit our local athletes, they are also a regional draw. Participants came to ARL-FX IWLA from North Carolina, Maryland, West Virginia, and southern Virginia. With multiple offerings and top-notch external coaches, look for our Chapter to become one of the places to go for air gun training on the east coast.

Izaak Walton League of America Store

Are you interested in getting an IWLA apparel/items?
Did you know that IWLA National has on line store?
Visit <https://members.iwla.org/apps/#Store>,



Memphis head rifle coach Dan Hermsmeier (L) coaches prone and standing positions.



University of Memphis athlete and ARL-FX IWLA alumnus Arielle Kimm (L) discusses advanced air rifle techniques with Ben Wolin (R).

ARL-FX IWLA Alumni Rack Up National Championships

Olympians Ginny Thrasher and Lucas Kozeniesky both got their start shooting in the little old tractor shed air range at ARL-FX IWLA. They went on to successful college careers, went to the Rio Olympic Games, and are now both in-residence professional athletes at the US Olympic Training Center in Colorado Springs. Building on their high school and college successes, they have continued to excel at the national and international level. Most recently, Ginny and Lucas competed at the 2019 US National Championships hosted by USA Shooting at Fort Benning, Georgia.

In Three-Position 50M Smallbore Rifle, Ginny used a blistering 1181 (out of 1200) on day 1 to set the pace and then followed that with a strong 1175 on day 2 to claim a 10-point advantage over the two qualification matches. By winning the final, she earned eight extra points toward her score. She wouldn't claim the finals lead until the last position of standing where she put up a 53.1 score for her last five shot series—an average of over 10.6 per shot. "My performance this week feels like a lot of hard work paying off and gave me a lot of confidence in my positions and mindset going into Pan Ams next month [July]," Thrasher stated. "I'm really excited to keep working and improving as I move to the Olympic Training Center to continue as a professional athlete." Ginny was also the 2018 Smallbore Rifle US National Champion. Not content to leave with just one national championship, Thrasher also bagged the Women's 50M Prone Smallbore title on the last day of competition, shooting an aggregate of 1246.3.

For Kozeniesky, consistency was the key to his 10M Air Rifle victory over the two-day match as he was the only shooter in the field to shoot above 626 in each of the two qualification matches. While he took second in the final, it went down to a dramatic final shot, and Lucas had enough of an overall lead to win the title. "Air gun was a good experience for me," Kozeniesky said. I have been working hard as we are heading into Olympic trials. Pan Ams is next

month [July] and there are still things to be improving on to get to where I need to be. Overall, I'm pretty happy with my progress and my performance this week." For Kozeniesky, that's now his third Air-Rifle title in four years, having previously won the US National Championships in this discipline in 2016 and 2017.

Quotes and pictures courtesy of USA Shooting.



Photos Needed!

Doing volunteer work on the Chapter grounds or helping to make the picture perfect?

We would love for you to take a picture of work done or in process and e-mail it to Pam Meara (pmearaiwla@gmail.com) and/or Ellen MacBrayne (emb4art@verizon.net) to publish in the Newsletter. Send the largest photo possible and include a caption identifying faces, place, event, and date.

Education & Training Updates

The 2019 Education & Training schedule is available. Make sure you check out the schedule on the Web site:

<http://wp.arlingtonfairfax-iwla.org/education-and-training-2/>

NoVA Sharpshooters Bring Home 10 Medals from USA Shooting 2019 Junior Olympics

The Arlington-Fairfax Chapter, IWLA, has merged the Paralympic rifle athletes and the junior pistol athletes into one team ... the NoVA Sharpshooters. Only in their second year of attending the USA Shooting Junior Olympics, they won 10 medals! That is a great accomplishment for these young athletes and something we can all celebrate.

Coach Tom Ciarula, the USA Shooting assistant Paralympic coach, attended the competition with four athletes, who went on to win eight medals. Moira Antal won the overall bronze in 10-meter standing and earned gold for the J-2 age category in 10-meter prone. Ella Murray won two silver medals for the J-3 age category, one each for 10-meter air rifle standing and 10-meter air rifle prone. Ben Hays won gold for the J-3 age category in 10-meter air rifle standing and also won gold for the J-3 age category in 10-meter air rifle prone. Dalton Cannon won gold in the J-2 age category for air rifle standing and silver in the J-2 age category for air rifle prone.

Coach Mark Budgeon, the Youth Pistol Program coach, attended the annual championship with eight athletes. Suman Sanghera rose to the top, winning two silver medals, both in the J-3 age category. Only shooting for 19 months, this was Suman's second trip to the Junior Olympics. Her overall scores in 10-meter air pistol and 25-meter sport pistol earned her a place in the final's elimination match for both disciplines.

You can learn more about the USA Shooting 2019 Junior Olympics at this Web site: <https://www.usashooting.org/7-events/njosc>.

If you are interested in learning more about Paralympic shooting or the Youth Pistol Program contact Coach Tom Ciarula at arlfx.president@gmail.com or Coach Mark Budgeon at mgbudgeon@verizon.net.



 **SIGN UP!**



Please use to sign up for **Volunteer Opportunities**—located on the Chapter Home Web page.

Arlington-Fairfax Chapter, Inc. Izaak Walton League of America **Skeet and Trap Range**

Presents

JOHN SHIMA (5 Time World Champion) **SKEET SHOOTING CLASSES**

September 20 and 21, 2019

Half Day—\$250.00 + Targets

Full Day—\$500.00 + Targets

To Sign Up, Contact:

Bill Hobson at the ARL-FX Chapter Shotgun Range or call at 703-850-8484



Skeet & Trap Range

The 2019 Winter Skeet and Trap League Finally Comes to an End

Team competition for this year's winter league ended on April 7th after a long 13 weeks of shooting. However, we had a tie for High Trap Average between Travis Rockwood and Marcelo Labarca with both shooters recording 276 hits out of 300 targets for a season average of 23.000. In accordance with league rules, a 50-target shoot off was conducted on May 11th between these two very accomplished marksmen. The final outcome

saw Travis on top with a score of 48 targets to Marcelo's 45. Congratulations to Travis Rockwood for taking the High Trap Average award and to both shooters for an outstanding season.

The awards for all of this season's team and individual winners will be presented at the Chapter picnic on July 13, 2019. Plan to come on out with your family for all the festivities and to congratulate this season's top shooters.

Brino Inducted into the VTA Hall of Fame

Bob Brino, the Chapter's director of Skeet & Trap, was inducted into the Virginia Trapshooting Association (VTA) Hall of Fame on June 2, 2019. Bob was recognized as a two-term past president of the VTA and former vice president of the association. His years of service to the VTA, along with his support of trapshooting and shotgun shooting, were also cited in the honor. He has been the Chapter's director of Skeet & Trap for 25+ years supporting the Col. Birt Kidwell Winter League, St. Jude's Crushin' Clays charity shoot, and many other events and registered trap and skeet shoots over the years, along with keeping

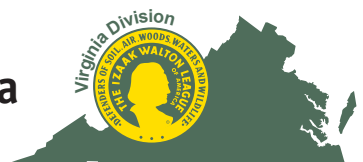


Photography by John Dwyer

our shotgun fields up and running by replaced the aging equipment. In addition to his dedication to the range, he has been the lead on our Chapter annual picnic each year. For all his hard work and numerous hours, Bob receives the same volunteer credit that any member can get by working their eight hours. When you see Bob, please congratulate him on the honor of being named to the Virginia Trapshooting Association Hall of Fame and thank him for all the hard work he puts in for our members.



The Izaak Walton League of America



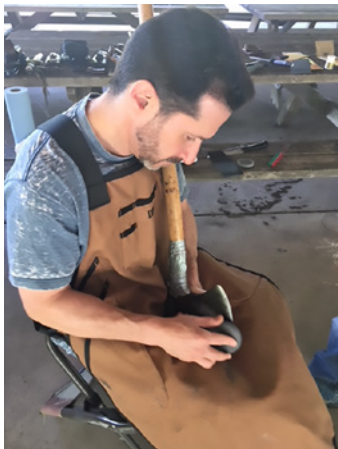
Web Links

Check out the IWLA Web site: <https://www.iwla.org>

Check out the Virginia Division Web site:
<http://va-iwla.org/>

ARL-FX IWLA Knife Club Sharpens Up

The ARL-FX IWLA Knife Users'/Collectors' Club held its second gathering on Saturday, June 22. Meeting under the large pavilion mid-morning, this gathering was billed as the group's first "Sharpen-In," where members were encouraged to bring their favorite knife or ax (or several)



and manual sharpening tools to spend a few hours together building friendships and learning proper techniques while safely sharpening their gear. Led by the Group Lead, Army Lt. Col. (Ret.) Matt Michaelson, many sharpening topics were discussed including: when to use diamond abrasives vs. whetstones



(for stainless vs. tool steel), using conical vs. straight sharpeners, field sharpeners, sharpening for safety, how and why to "strop" a blade, and post-sharpening care. All attendees had a great time, and everyone left with sharper (and safer) tools and happily not a single band-aid was used. The group looks forward to its next gathering soon, and all ARL-FX IWLA members are always welcome to attend. For more information, please contact Matt at mtmichaelson@hotmail.com.



Donate to Arlington-Fairfax Chapter Using AmazonSmile

Chapter members are reminded they can donate to the Chapter by registering and using AmazonSmile at www.smile.amazon.com when they shop on Amazon. Amazon will donate 0.5% of the purchase price from your eligible AmazonSmile purchases to the Chapter. Our Chapter is listed with AmazonSmile as ***Izaak Walton League of America Arlington-Fairfax Chapter***.

Please see <http://smile.amazon.com/about> for program details.

amazonsmile

Scholarship News continued from page 9

Collection of animal specimens my school keeps and displays and I spoke to an audience that included the board of trustees and college faculty about my experiences at ESF. I am extremely grateful for my last four years and especially grateful to you for all of your continued support. After college, I am working with a family for 8 weeks to care for their children and engage them in the world of science and nature and then will be off to a new, unknown adventure.

Thank you again,

Monica

From David Nguyen, 2016 Scholarship Winner

My third year at George Washington University was great and I can't wait to go into my fourth and final year. My classes this school year went very well. My professors were very knowledgeable and were very helpful whenever I had any troubles with the material.

During the school year, two other classmates and I started a calorimeter project that would help one of our professors in his research in low energy nuclear reactions (LENR). Our professor believes this could be a new, clean, and efficient source of energy. Aside from school, I started playing in the intramural basketball league and I was treasurer of the GW Vietnamese Student Association (VSA).

I plan on graduating this coming spring and after I hope to attend graduate school. GW has an accelerated master's program where I could complete a master's degree within one year right after graduating from my bachelor's program. Hopefully, I will be accepted into this accelerated master's program and I can't wait to return to school this fall.

David Nguyen

From Zachariah Miller, 2017 Scholarship Winner

My year was incredible. Thanks to the generosity of the Chapter, I had another great year of school. Sophomore



year is done and the end is now in sight. This year I continued working in sea turtle rehabilitation and shark tagging. I oversaw rehabilitation of over 30 different sea turtles of four different species: loggerhead, green, hawksbill, and Kemp's Ridley. My crew and I



tagged over 10 sharks this year in total for NOAA's apex predator program. This included bull, nurse, lemon, and reef sharks. In addition to these wonderful opportunities, in a few weeks I begin my first internship. I will be working with Dr. Nweeia researching narwhals and the evolution of their "tusk," which is actually a modified tooth. None of this would be possible without the generous scholarship from the Chapter. I am BEYOND grateful that you all at the Chapter have made a boy's dreams possible.

Thank you,

Zach Miller

From David Finkenshtadt, 2018 Scholarship Winner

I would like to thank the Chapter for awarding me this generous scholarship, as it has allowed me to focus fully on my academics during my first year at university without worry. My first year at Virginia Tech was both an amazing experience and a real life-changer.

I have made many new friends and have learned much relating to the natural world and topics relating to international studies, as well as learning how to be independent in both living and motivating myself academically. In my classes, while mostly related to my international studies major, my professors always touched on how the lack of conservation and environmental protections were the causes for many of the world's international disputes and if left unsolved would lead to a magnification of these crises.

I also started a minor in German and I hope to study abroad in Germany later on in my time at university. My favorite class of my second semester was a class colloquially known as earth resources. It was a multi-field introductory class which covered conservation and the impacts of a lack

Scholarship News continued on page 16

CRUSH 'N CLAYS®

June 8, 2019



Photography by John Dwyer

Scholarship News continued from page 15

of conservation to issues of feeding the world's population. This class has implanted an interest in the intersection between my major of international studies and the issues facing humanity and the earth stemming from loss of ecosystems and rising temperatures affecting habitats and agriculture. I joined several clubs this year, notably the rugby team club and the outdoor club, which organizes outdoor trips such as hiking in the mountains around the university. One of my favorite trails is called the Cascades, because of the waterfall and swimming hole at the end of it. I eagerly look forward to my next year in Blacksburg and at Virginia Tech. After being back home for a day, I can say I already miss it. Thank you again for the scholarship

David Finkestaedt

Use of Outhouses



IMPORTANT: Septic tanks are used for the outhouses on the property. Trash (plastic bottles, bags, etc.) should never be disposed of in an outhouse for any reason. Trash clogs the septic tank and the Chapter has to pay to get it cleared. Groups may be charged these costs if the septic tank becomes clogged while they use the property.

Annual Fishing Derby and Picnic for Children and Adults with Disabilities—May 4, 2019

We had a great turnout with 45 participants and many more volunteers. More fish were caught this year than any other with around 80+ caught. Everyone enjoyed the event.



REMEMBER

Speed limit is
10 mph on the
ARL-FX IWLA
property

**SPEED
LIMIT
10**



Photography by John Dwyer

NRA Women on Target Clinic (WOT)—May 11, 2019

This clinic is designed to get women familiar with and involved in shooting sports. There are sessions in all the shooting disciplines along with some classes like the *Refuse to be a Victim* and *Firearms and the Law*. There were over 50 participants attending this recent clinic.



Photography by John Dwyer

Arlington-Fairfax Chapter, Inc., IWLA Calendars

For current Chapter calendars and event times, go to the Chapter Web site under *Calendars of Events*. Also, look out for the new Chapter Monthly E-Blast of upcoming Events! <http://arlingtonfairfax-iwla.org/index.php>

AUGUST		
Day	Event	Facility
2	Adult Air Range Practice	AR
3	Doubles Skeet Tournament	ST
4	Bulleseye Pistol Match	RP
	Adult Air Range Practice	AR
	Cub Run Archers Meeting	FA
5	Air Range Public Open House	AR
6	Field Archery Dinner	FA
	Board of Directors Meeting	FH
8	Service Rifle Match	RP
9	Air Range Public Open House	AR
10	Air Range PAINT DAY!	AR
11	Adult Air Range Practice	AR
12	Air Range Public Open House	AR
	Suburban Whitetail BOD	FA
13	Field Archery Dinner	FA
	Youth Chapter B.O.D.	FH
16	Air Range Public Open House	AR
17	NRA RTBAV Seminar & Instructor Workshop	FH
18	Bull Run Muzzleloaders	RP
	Adult Air Range Practice	AR
	Suburban Whitetail BOD	FA
19	Air Range Public Open House	AR
20	Field Archery Dinner	FA
	General Membership Meeting	FH
23	Air Range Public Open House	AR
24-25	NRA Chief Range Officer Class	FH
25	Cub Run Buck Buster 3D Shoot	FA
	Suburban Whitetail Qualify	FA
	Adult Air Range Practice	AR
26	Air Range Public Open House	AR
27	Field Archery Dinner	FA
29,30,31	NRA Level 3 Pistol Coach School	FH
30	Air Range Public Open House	AR

AF=Athletic Field, **AR**=Air Range, **Camp**=Camp sites, **FA**=Field Archery, **FH**=Field house, **LP**=Large Pavilion, **RP**=Rifle-Pistol, **SP**=Small Pavilion, **ST**=Skeet/Trap, **TA**=Target Archers

SEPTEMBER		
Day	Event	Facility
1	NRA Level 3 Pistol Coach School	FH
	Registered Trap Shoot (Volunteer @ SUG)	ST
	Adult Air Range Practice	AR
2	Labor Day (Air Range Closed)	AR
3	Field Archery dinner	FA
	Board of Directors Meeting	FH
6	Open Small Bore Rifle Practice	RP
	Air Range Public Open House	AR
7-8	Fall Open Skeet Tournament (SUG)	ST
8	Adult Air Range Practice	AR
9	Air Range Public Open House	AR
10	Field Archery Dinner	FA
	Youth Chapter B.O.D.	FH
12	Service Rifle Match	RP
14-15	NRA Rifle Coach School	FH
15	Bull Run Muzzleloaders	RP
	Adult Air Range Practice	AR
16	Air Range Public Open House	AR
	General Membership Meeting	FH
17	Field Archery Dinner	FA
20	Air Range Public Open House	AR
	Open Small Bore Rifle Practice	RP
21-22	NRA Basic Rifle Course	FH
22	Archery 101	FA
	Adult Air Range Practice	AR
23	Air Range Public Open House	AR
24	Newsletter Submission Deadline	FH
	Field Archery Dinner	FA
27	Open Small Bore Rifle Practice	RP
	Air Range Public Open House	AR
29	Junior Day (see website for details)	
	Adult Air Range Practice	AR
30	Education & Train Proficiency Training	FH

AF=Athletic Field, **AR**=Air Range, **Camp**=Camp sites, **FA**=Field Archery, **FH**=Field house, **LP**=Large Pavilion, **RP**=Rifle-Pistol, **SP**=Small Pavilion, **ST**=Skeet/Trap, **TA**=Target Archers

OCTOBER		
Day	Event	Facility
1	Field Archery Dinner	FA
	Board of Directors Meeting	FH
4	Open Small Bore Rifle Practice	RP
	Air Range Public Open House	AR
5	New Member Orientation	FH
6	Registered Trap Shoot (Volunteer @ SUG)	ST
	Bulleseye Pistol Match	RP
	Adult Air Range Practice	AR
7	Air Range Public Open House	AR
8	Field Archery Dinner	FA
	Youth Chapter B.O.D.	FH
10	Service Rifle Match	RP
11	Open small bore rifle practice	RP
	Air Range Public Open House	AR
12-13	Defensive Pistol Course	FH
14	Air Range Public Open House	AR
15	Field Archery Dinner	FA
	General Membership Meeting	FH
18	Air Range Public Open House	AR
	Open Small Bore Rifle Practice	RP
20	Bull Run Muzzleloaders	RP
	Adult Air Range Practice	AR
21	Air Range Public Open House	AR
22	Newsletter Mailing Party	FH
	Field Archery Dinner	FA
25	Open Small Bore Rifle Practice	RP
	Air Range Public Open House	AR
27	Archery 101	FA
	Adult Air Range Practice	AR
28	Air Range Public Open House	AR
	Suburban Whitetail BOD	FA

AF=Athletic Field, AR=Air Range, Camp=Camp sites, FA=Field Archery,
FH=Field house, LP=Large Pavilion, RP=Rifle-Pistol, SP=Small
Pavilion, ST=Skeet/Trap, TA=Target Archers



SIGN UP!



SignUpGenius®

Please use to sign up for Volunteer Opportunities—located on the Chapter Home Web page.



The NRA Foundation— Friends of NRA (FoNRA)— The Friends

The Friends of NRA or “Friends” was started in the 1990s to raise funds for youth shooting sports programs and to support the shooting sports. It is a nonprofit volunteer organization that hosts fundraising dinners across the country. Virginia will host 26 FoNRA dinners in 2019. In the past two years, the Chapter has received over \$10,000 in FoNRA grants to support the Air Range and the Youth Shotgun teams directly. Indirectly, the support for youth shooting teams using Chapter ranges as home fields or range is nearly \$20,000.

The FoNRA dinners raise money by playing games of chance, silent auctions, and live auctions. The FoNRA gets limited and special edition merchandise oriented toward the shooting sports with other donated items available. It is an evening of fun, food, and fellowship with people who support the shooting sports.

The Fairfax dinner is September 27th at the Waterford Fair Oaks. Several of the volunteers who work to put on the Fairfax dinner are from the ARL-FX Chapter. These volunteers also attend the Virginia grant meeting each year to vote on the grant money distribution. To attend the Fairfax dinner or purchase a raffle ticket for the Fairfax 3-Gun Raffle please visit <https://www.friendsofnra.org/eventtickets/Events/Details/48?eventId=56289>

The three guns on the raffle are: Daniel Defense DDM4V7, Sig Sauer P320, and Remington 870 DM Magpul 12ga. It is \$100 per ticket with 100 tickets sold.



Daniel Defense DDM4V7



Remington 870 DM Magpul 12ga



Sig Sauer P320



Arlington-Fairfax Chapter, Inc.
Izaak Walton League of America
Post Office Box 366
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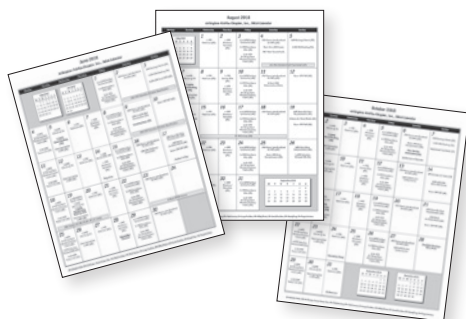
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The Chapter Newsletter is your link to all Chapter activities and information. Keep it handy. It is also available on our new Web site in color.

<http://wp.arlingtonfairfax-iwla.org/>

New Web site launched—Check it out!



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